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# OUR EXTENDED FAMILY



Haskell Family, SC



McNamara Family, NJ



Please remember all of our extended family that watch us on Sundays and that receive the messages that are preached. We get E-mails, phone calls and praise reports from all the USA and overseas from people who watch [ActsAmerica.Tv](http://ActsAmerica.Tv) and [ActsAmerica.org](http://ActsAmerica.org). Please keep them in your prayers!!

# VERSE OF THE MONTH

Every Scripture is God-breathed (given by His inspiration) and profitable for instruction, for reproof and conviction of sin, for correction of error and discipline in obedience, [and] for training in righteousness (in holy living, in conformity to God's will in thought, purpose, and action), So that the man of God may be complete and proficient, well fitted and thoroughly equipped for every good work.

## Christian Soldier Checklist

- Breast Plate of Righteousness
- Belt of Truth
- Shield of Faith
- Helmet of Salvation
- Sword of the Spirit
- Feet prepared with the Gospel



Ephesians 6:11-18

## BIRTHDAYS & SPECIAL EVENTS IN

APRIL

- 3<sup>rd</sup> - Pastor Danny Kirby
- 28<sup>th</sup> - April Marcoux
- 29<sup>th</sup> - Joey Flores

# NCO Kids Monthly News

April 2010

## Florence Nightingale

The English nurse Florence Nightingale was the founder of modern nursing and made outstanding contributions to the knowledge and improvement of public health. Florence Nightingale was born in Florence, Italy, on May 12, 1820; she was named after the city of her birth. Her father, William E. Nightingale, was a wealthy landowner who had inherited an estate in Derbyshire, England. Like many members of the wealthy class, he and Florence's mother, Fanny, dedicated themselves to the pursuit of active social lives. Florence and her sister, Parthenope (par-thin-a-pea), were tutored by their father in languages, mathematics, and history.

Though Florence was tempted by the idea of a brilliant social life and marriage, she also wanted to achieve independence, importance in some field



of activity, and obedience to God through service to society. In 1844, at the age of 24, Florence decided that she wanted to work in hospitals. Her family objected strongly to her plan; hospital conditions at that time were known to be terrible, and nurses were untrained and thought to be of questionable morals. Ignoring all resistance, Florence managed to visit some hospitals and health facilities. She then received permission from her parents to spend a few months at Kaiserworth, a German training school for nurses and female teachers. In 1853 she became superintendent of the London charity-supported Institution for Sick Gentlewomen in Distressed Circumstances. This opportunity allowed her to become independent from her family and also to try out new ideas in organizing and managing an institution, conducted in a scientific, nonreligious setting.

### War efforts

In October of 1854, now 34 years old, Florence organized a party of thirty-eight nurses, mostly from different religious orders, for service in the Crimean War (1853–56), in which Great Britain, France, and Sardinia fought against Russian expansion in Europe. The nurses arrived at Constantinople (now Istanbul, Turkey) in November. Conditions at the British base hospital were awful and grew steadily worse as the number of sick and wounded soldiers rapidly increased. The British army did not have enough medical services and used what it did have poorly—a confusing and complicated supply system actually cut off deliveries to the patients. The Barrack Hospital, where Florence and her nurses worked and lived, was built on a massive cesspool (an underground area into which liquid waste flows), which poisoned the water and even the building itself. The general attitude was that the common soldier was a drunken brute on whom all comforts would be wasted.

Florence saw that her first task was to get the military doctors to accept her and the other nurses. Her determined personality, combined with the continuing arrival of the newly sick and

wounded, soon brought this about. She also had a large fund of private money—much of it raised by the *London Times*—with which she could obtain badly needed supplies. By the end of 1854, some order had been created and the hospital was cleaner—not only through Florence's efforts but also through improvements made by a governmental sanitary commission. The death rate among patients fell by two-thirds. But with improvement came new problems, including anger from officials who were found at fault for the poor hospital conditions and rising disputes among the nurses.

### Hospital reform efforts back home

Florence Nightingale left Scutari in the summer of 1856, soon after the war ended. By then she was famous among the troops and the public as the "Lady with the Lamp" and the "Nightingale in the East." This popular image is not quite accurate. Although she did some active nursing in the wards, Nightingale's real work lay outside the expression of tenderness and concern. It began with her refusal to respond to public praise and with her use of her influence in high places, including with the queen, to fight for effective reform of the entire system of military hospitals and medical care.

Florence used the experiences of the war to prove that a new system was necessary. Within five years this effort led to the reconstruction of the administrative structure of the War Office. Nightingale's *Notes on Hospitals* (1859) detailed the proper arrangements for civilian institutions (places that were not a part of the military). In the next year she presided over the founding of the Nightingale School for the training of nurses at St. Thomas's Hospital in London, England. After 1858 she was recognized as the leading expert on military and civilian sanitation (the removal of water-transported waste) in India. She also believed that irrigation (the supplying of water to an area using artificial methods) was the solution to the problem of famine. In 1907 Florence was the first woman to be awarded the Order of Merit.

### Later years

Florence's personality is well documented. She rebelled against the idle, sheltered existence of her family her entire life. She achieved a leading position in a world dominated by men, driving and directing her male coworkers as hard as she did herself. She often complained that women were selfish, and she had no time for the growing women's rights movement. But she also developed an idea of spiritual (relating to or affecting the spirit) motherhood and saw herself as the mother of the men of the British army—"my children"—whom she had saved. Florence Nightingale never really recovered from the physical strain of the Crimean War. After 1861 she rarely left her home and was confined to her bed much of the time. She died on August 13, 1910, in London, England.



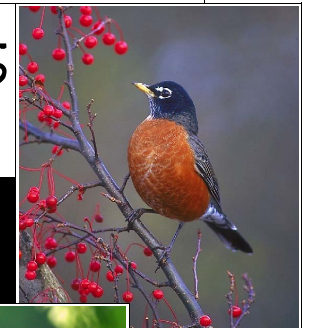
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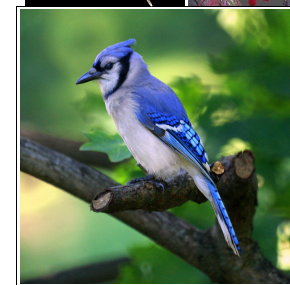
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Can you name all of North Carolina's Backyard Birds??



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